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## DEPARTMENT OF NUTRITION AND DIETICTICS FIELD VISIT TO CSI PRIMARY SCHOOL, ATHIKULAM 2019-2020



THE STANDARD FIREWORKS RAJARATNAM COLLEGE FOR WOMEN (AUTONOMOUS), SIVAKASI - 626123.
(Affiliated to Madurai Kamaraj University, Re-accredited with A Grade by NAAC, College with Potential for Excellence by UGC and Mentor Institution under UGC PARAMARSH)

## DEPARTMENT OF NUTRITION AND DIETICTICS FIELD VISIT TO CSI PRIMARY SCHOOL, ATHIKULAM

Name list of the students:
I B.Sc., Nutrition and Dietetics

| S.No | Roll. No | Name |
| :---: | :---: | :---: |
| 1. | 1915008 | M.Gangadevi |
| 2. | 1915019 | T.Ganga Lakshmi |
| 3. | 1915017 | A.Gethseyal |
| 4. | 1915045 | S.Gokiladevi |
| 5. | 1915012 | V.Gomathilakshmi |
| 6. | 1915037 | G.Harinisri |
| 7. | 1915044 | K.Jenifer |
| 8. | 1915009 | L.Kaleeswari |
| 9. | 1915021 | K.Mahalakshmi |
| 10. | 1915041 | M.Manmatharani |
| 11. | 1915002 | P.Mathana |
| 12. | 1915033 | M.Meenakshi |
| 13. | 1915003 | M.Menakadevi |
| 14. | 1915013 | A.Nanthini |
| 15. | 1915016 | M.Pandeeswari |
| 16. | 1915023 | P.Pandimeena |
| 17. | 1915031 | N.Ponsakthi |
| 18. | 1915039 | M.Por Selvi |
| 19. | 1915027 | S.Pourna Devi |
| 20. | 1915007 | S.Safia |
| 21. | 1915006 | K.Samrithi |
| 22. | 1915035 | R.Saranya |
| 23. | 1915014 | E.Stella |
| 24. | 1915018 | M.Subha Lakshmi |
| 25. | 1915024 | K.Sudha |
| 26. | 1915026 | S.Sudha Lakshmi |
| 27. | 1915020 | K.Usha |
| 28. | 1915005 | S.Amirtha Varshini |
| 29. | 1915011 | J.Ananthashree |
| 30. | 1915028 | K.Angusha |
| 31. | 1915047 | B.Bhuvaneshwari |
| 32. | 1915040 | P.Dharshini |
| 33. | 1915044 | V.Ishwarya |
| 34. | 1915015 | S.Mahadevi |
| 35. | 1915004 | C.Muthu Lakshmi |
| 36. | 1915030 | R.Muthu Priya |
| 37. | 1915046 | S.Renuka Devi |
| 38. | 1915029 | K.Sabarmathi |
| 39. | 1915010 | S.Sushmitha |
| 40. | 1915025 | A.Nisha Alfin |
| 41. | 1915042 | G.Lavanya |

THE STANDARD FIREWORKS RAJARATNAM COLLEGE FOR WOMEN (AUTONOMOUS), SIVAKASI - 626123.
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## DEPARTMENT OF NUTRITION AND DIETICTICS FIELD VISIT TO CSI PRIMARY SCHOOL, ATHIKULAM <br> 2019-2020

THE STANDARD FIREWORKS RAJARATNAM COLLEGE FOR WOMEN (AUTONOMOUS), SIVAKASI - 626123.
(Affiliated to Madurai Kamaraj University, Re-accredited with A Grade by NAAC,
College with Potential for Excellence by UGCand Mentor Institution under UGC PARAMARSH Scheme)

> DEPARTMENT OF NUTRITION AND DIETETICS
> FIELD VISIT
> $2019-2020$


Place of Visit: C.S.I.Primary School, Athikulam
Participants: I B.Sc., Nutrition and Dietetics - 43 Students on 10.03.2020


Place of Visit: Hotel Germanous, Madurai
Participants: III B.Sc., Nutrition and Dietetics - 41 Students on 11.03.2020

THE STANDARD FIREWORKS RAJARATNAM COLLEGE FOR WOMEN (AUTONOMOUS), SIVAKASI - 626123.
(Affiliated to Madurai Kamaraj University, Re-accredited with A Grade by NAAC, College with Potential for Excellence by UGC and Mentor Institution under UGC PARAMARSH)

## DEPARTMENT OF NUTRITION AND DIETICTICS FIELD VISIT TO CSI PRIMARY SCHOOL, ATHIKULAM

 2019-2020```
THE STANDARD FIREWORKS RAJARATNAM COLLEGE FOR WOMEN (AUTONOMOUS), SIVAKASI
(Reaccredited with ' \(A\) ' Grade by NAAC, College with Potential for Excellence by UGC and Mentor Institution under UGC PARAMARSH)
\begin{tabular}{ll} 
Name of the activity & \begin{tabular}{l}
\(:\) "Assessment of Language, cognitive and social development \\
for school going children"
\end{tabular} \\
Date \& Time & \(: 10.03 .2020 \& 9.00\) am to 3.00 pm \\
Staff Member & \(:\) V.Nethra and R. Ishwaryao \\
No. of Students involved & \(: 41\) \\
Beneficiaries & \(:\) C.S.I. Primary School, Athikulam.
\end{tabular}
```

The school visit had been organised to assess and observe the language, cognitive and social development among pre - school children by the I UG students of the Department of Nutrition and Dietetics from The Standard Fireworks Rajaratnam College for women on 10.03.2020. The 42 students along with 2 staff members went to C.S.I Primary School, Athikulam. The college bus started at 9.00 am and reached the school by 9.30 am .

After reaching the school campus, the Head Mistress invited everyone and introduced the students to the other faculty members. The students were then separated into groups and sent to different classes. The session started by 10.30 am and the students conducted various activities like teaching rhymes, stories and their ability to recall, pronunciation and social skills have been conducted and assessed the language, cognitive and social skills of the children They were very happy and highly satisfied in our work and the session got over by 2.30 pm .

We express our heartfelt thanks to the Higher authorities of S.F.R college for giving permission to conduct the school visit.
 THE STANDARD FIREWORKS RAJARATNAM COLLEGE FOR WOMEN (AUTONOMOUS), SIVAKASI - 626123.
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## DEPARTMENT OF NUTRITION AND DIETICTICS FIELD VISIT TO CSI PRIMARY SCHOOL, ATHIKULAM

2019-2020
Course Syllabus

## THE STANDARD FIREWORKS RAJARATNAM COLLEGE FOR WOMEN (AUTONOMOUS) SIVAKASI <br> DEPARTMENT OF NUTRITION AND DIETETICS <br> B.Sc. NUTRITION AND DIETETICS SEMESTER II <br> GLND2AL-ALLIED LAB-1 <br> (For those admitted in June 2017 and later)

Contact hours per week : 04
Total number of hours per semester : 60
Number of credits :02
Course outcomes
On successful completion of the course, the learners should be able to
CO1: identify and explain the structure and functions of various human organs.
CO2: examine the microscopic structure and functions of various glands.
CO3: experiment blood grouping and relate blood coagulation process.
CO4: define various techniques involved in assessing the child development.
CO5: develop skills in child development and care.
CO-PO Mapping table (Course articulation matrix)

| COs POs | PO1 | PO2 | PO3 | PO4 | PO5 | PO6 | PO7 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| CO1 | 1 | - | - | - | - | - | - |
| CO2 | 3 | 3 | 1 | - | - | - | - |
| CO3 | 9 | 3 | 3 | - | - | - | - |
| CO4 | 9 | 3 | 9 | 1 | - | - | 3 |
| CO5 | 9 | 3 | 3 | - | - | - | 3 |
| Weightage of the <br> course (W) | 31 | 12 | 16 | 1 | - | - | 6 |
| Weighted <br> percentage of <br> course <br> contribution to <br> Pos | 3.01 | 1.63 | 3.43 | 0.35 | - | - | 4.11 |

## Human Physiology:

Practical:
a. Study of blood - WBC, RBC counts and Estimation of haemoglobin.
b. Blood group identification.
c. Measuring of blood pressure.
d. Determination of coagulation time of blood \& bleeding time.
e. Structure of heart, digestive system, kidney, reproductive organs - ovary, uterus and testis.
f. Microscopic structure of various endocrine glands - thyroid, pituitary and adrenal.

## Human Development:

Practical:
a Visit to nursery school to study the preschoolers.
b. Observations in developments of preschoolers - Physical, Motor, social, emotional, and language developments for 4 weeks.
c. Study on adolescent's attitudes towards adult \& adult's attitudes towards adolescents. d. Survey on problems of old age.

Allot 2 hours for Practical.

THE STANDARD FIREWORKS RAJARATNAM COLLEGE FOR WOMEN (AUTONOMOUS), SIVAKASI - 626123.
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## DEPARTMENT OF NUTRITION AND DIETICTICS FIELD VISIT TO GERMANUS HOTEL, MADURAI

$$
2019-2020
$$

## From

R. Dharani,
J. Merlin Rani,

Department of Nutrition \& Dietetics,
SFR College For Women,
Sivakasi.
To
The Principal,
SFR College For Women, Sivakasi.

Respected Sir/ Madam,
Sub: Seeking permission for field visit- reg-
As about 41 students and 2 staff members from the department of Nutrition and Dietetics of our college would like to go on a field visit to Hotel Germanous,

Madurai on 11.03.2020 to learn about Food Service Management and House Keeping as a part of their curriculum. Kindly permit us.

## Accompanying Staff members:

R. Dharani,
J. Merlin Rani,

Students Name List is enclosed below.

> Thanking You,
09.03.2020

Sivakasi


Signature of the Head in Charge


The Standard Fireworks Rajaratnam College for Women, SIVAKASI

THE STANDARD FIREWORKS RAJARATNAM COLLEGE FOR WOMEN (AUTONOMOUS), SIVAKASI - 626123.
(Affiliated to Madurai Kamaraj University, Re-accredited with A Grade by NAAC, College with Potential for Excellence by UGC and Mentor Institution under UGC PARAMARSH)

## DEPARTMENT OF NUTRITION AND DIETICTICS FIELD VISIT TO GERMANUS HOTEL, MADURAI

$$
2019-2020
$$

| Name list of the students |  |  |
| :---: | :---: | :---: |
| S.No | NAME | ROLL NO |
| 1. | JUHI VARSHA R | 1715001 |
| 2. | JEEVANA PRIYADHARSHINI | 1715002 |
| 3. | SIVARANJANI P S | 1715003 |
| 4. | KALESSWARI P | 1715004 |
| 5. | SANTHOSHI PRIYA B | 1715005 |
| 6. | JAYANTHI SELVA SUNDARI M | 1715006 |
| 7. | ARCHANA N | 1715007 |
| 8. | LAVANYA A | 1715008 |
| 9. | GOPIKHA DEVI R | 1715009 |
| 10. | AMUTHA T | 1715010 |
| 11. | KARTHEESWARI R | 1715011 |
| 12. | BALAGANESWARI M | 1715012 |
| 13. | REVATHI K | 1715013 |
| 14. | DEEPIKA I | 1715014 |
| 15. | MUTHULAKSHMI K | 1715015 |
| 16. | ROJINI B | 1715 C 18 |
| 17. | MURUGALAKSHMI M | 1715019 |
| 18. | VIJAYALAKSHMI S | 1715020 |
| 19. | SELVA PRIYA R | 1715021 |
| 20. | NIRMALA DEVI B | 1715022 |
| 21. | ABIRAMI G | 1715023 |
| 22. | KASTHURI R | 1715024 |
| 23. | JENCY JEBA RANI D | 1715025 |
| 24. | MUTHUSELVI M | 1715027 |
| 25. | JEBA PRABHA C | 1715028 |
| 26. | SIVA BHARATHI B | 1715029 |
| 27. | MANJU M | 1715031 |
| 28. | MAREESWARI S | 1715032 |
| 29. | KAVITHA T | 1715033 |
| 30. | LITHIYAL R | 1715034 |
| 31. | UMA B | 1715035 |
| 32. | BIRUNDHIGA K | 1715037 |
| 33. | ATCHAIYA S | 1715038 |
| 34. | GAYATHRI P K M | 1715039 |
| 35. | ISWARIYA LAKSHMI M | 1717040 |
| 36. | JOTHI PRIYA DHARSINI E | 1717041 |
| 37. | AMIRTHA RAJASRI M | 1717042 |
| 38. | SORNALATHA J | 1717043 |
| 39. | HARINIKA R | 1717044 |
| 40. | KALAIVANI M | 1717045 |
| 41. | DEVAJANCY RANI J | 1717046 | THE STANDARD FIREWORKS RAJARATNAM COLLEGE FOR WOMEN (AUTONOMOUS), SIVAKASI - 626123.

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## DEPARTMENT OF NUTRITION AND DIETICTICS FIELD VISIT TO GERMANUS HOTEL, MADURAI

$$
2019-2020
$$

# THE STANDARD FIREWORKS RAJARATNAM COLLEGE FOR WOMEN 

 (AUTONOMOUS), SIVAKASI\(\left.$$
\begin{array}{ll} & \begin{array}{r}\text { (Reaccredited with 'A' Grade by NAAC, College with Potential for Excellence by } \\
\text { UGC and Mentor Institution under UGC PARAMARSH) }\end{array}
$$ <br>

Name of the activity \& : Germanous Hotel Visit\end{array}\right\}\)| Date \& Time | $: 11.03 .2020 \& 8.00$ am to 5.00 pm |
| :--- | :--- |
| Staff Members | $:$ Ms. R. Dharana \& Mrs. J. Merlin Rani |
| No. of Students involved | $: 41$ |

As a part of Food Service Management, about 41 students of III B.Sc Nutrition and Dietetics department from The Standard Fireworks Rajaratnam College for women were taken to the Hotel Germanus, Madurai, on 11.03 .2020 . We reached the hotel by 10.30 am . We had been taken around to different departments in the hotel including Front office, Food and Beverage, the storage area where the different storage methods and process employed were taught by the hotel managers, Inventory control and Housekeeping departments had been well explained by them. Our students learnt towel folding and serving area techniques and menu types.

The students also had the interactive sessions with the managers of the different departments and the management principles have been well explained by them. The session got over by 3 pm and we came back by 5pm in the evening. We express our heartfelt thanks to the Higher authorities of S.F.R college for giving permission to conduct the hotel visit.

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## DEPARTMENT OF NUTRITION AND DIETICTICS FIELD VISIT TO GERMANUS HOTEL, MADURAI

$$
2019-2020
$$

Course Syllabus

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THE STANDARD FIREWORKS RAJARATNAM COLLEGE FOR WOMEN (AUTONOMOUS) SIVAKASI
DEPARTMENT OF NUTRITION AND DIETETICS
B.Sc NUTRITION AND DIETETICS ELECTIVE COURSE
            SEMESTER YI
    GLND6E2 - FOOD BIOTECHNOLOGY
(For those admitted in June 201/ and later)
```

Contact hours per week
Total number of hours per semester
Number of credits
: 05 $: 75$
$: 05$

## Course Outcomes

On successful completion of the course, the learners should be able to
CO 1: apply the idea of Genetically Modified Foods its benefits and hazards.
CO 2: categorize the microbial fermentation technique and its applicability
CO 3: elaborate the preparation of various valuable fermented food products.
CO 4: enlist the types, Processes and importance of immobilization techniques and their importance
CO 5: explain the concepts of functional foods and nutraceuticals in the field of food biotechnology.

CO-PO Mapping table (Course articulation matrix)

| POs | PO1 | PO2 | PO3 | PO4 | PO5 | PO6 | PO7 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| COs |  |  |  |  |  |  |  |
| CO1 | 1 | 3 | - | - | - | - | - |
| CO2 | 3 | 9 | 3 | - | - | - | 3 |
| CO3 | 9 | 3 | 3 | - | - | - | - |
| C04 | 9 | 3 | - | - | - | - | - |
| CO5 | 9 | 1 | - | - | - | - | - |
| Weightage of the <br> course (W) | 31 | 19 | 6 | - | - | - | 3 |
| Weighted <br> percentage <br> course <br> contribution <br> Pos to | 3.01 | 2.58 | 1.29 |  | - | - | - |

## UNIT-I

( 15 hrs )
Introduction to Food Biotechnology
Introduction to biotechnology- Genetically modified foods- Definition- examples of GM foods - advantages - disadvantages and safety aspects of foods produced by genetic engineering.

UNIT-II
Food Fermentation
Food fermentation-Concept of microbial fermentation - fermentation process - Dual and multiple fermentation - continuous fermentation and batch fermentation - factors controlling fermentation.

UNIT-III
( 15 hrs )
Fermented Food Products
Fermented food products- Beer - wine- vinegar - sauerkraut - temph - soya sauce cheese and bread - Preparation.

UNIT-IV
Roles of enzymes in Food Industries
( 15 hrs )
Enzymes in food processing industries - Principles of enzyme immobilization - Types of immobilization techniques and their importance - Immobilized enzymes in food processing.

UNIT-V
( 15 hrs )
Functional foods and Nutraceuticals
Functional foods and Nutraceuticals - Introduction and concept definition Classification and therapeutic role of Nutraceuticals.

## References:

1.Mary, k. Schmidl and Theodre, P. Labuza, Essentials of functional foods Culinary and Hospitality Industry Publication Services, 2000.
2. Israel Goldberg, Functional foods, Pharma foods and Nutraceuticals, Culinary and hospitality Industry Publication Services, 2001.
3. Robert Easy Wildman, Handbook of Nutraceuticals and functional foods Culinary and Hospitality Industry Publication Services, 2001.
4. Owen Pward, Fermentation Biotechnology Principles, Processes and Products, Prentice H New Jersey, 1989.
6. Frazier and West Hoff, Food Microbiology, Tata Mc Graw Hill Publishing Company Ltd, New Delhi, 1995
(Affiliated to Madurai Kamaraj University, Re-accredited with A Grade by NAAC, College with Potential for Excellence by UGC and Mentor Institution under UGC PARAMARSH)

## DEPARTMENT OF NUTRITION AND DIETICTICS FIELD VISIT TO EDUCATIONAL TOUR, MYSORE

 2019-2020
## From

K. Jansi Rani,
R. Dharani,

Assistant Professor,
Department of Nutrition and Dietetics,
The Standard Fireworks Rajaratnam College for Women,
Sivakasi.

To
The Principal,
The Standard Fireworks Rajaratnam College for Women, Sivakasi.

Respected Madam,
Sub: - Seeking permission for the educational tour -reg
About 72 Nutrition and Dietetics major students of our esteemed institution would like to go on two days educational tour to Mysore on $\mathbb{8}^{\text {th }}$ and $9^{\text {:h }}$ January, 2020. Four faculties will be accompanying them. Kindly permit us for this educational tour.
(Name list of the students enclosed)

Thanking you,
02.01.2020

Sivakasi.



PRINCIPAL PRINCIPAL The Standard Fireworks Rajarainan College for Women sIVAKASI.

THE STANDARD FIREWORKS RAJARATNAM COLLEGE FOR WOMEN (AUTONOMOUS), SIVAKASI - 626123.
(Affiliated to Madurai Kamaraj University, Re-accredited with A Grade by NAAC, College with Potential for Excellence by UGC and Mentor Institution under UGC PARAMARSH)

## DEPARTMENT OF NUTRITION AND DIETICTICS FIELD VISIT TO EDUCATIONAL TOUR, MYSORE

THE STANDARD FIREWORKS RAJARATNAM COLLEGE FOR WOMEN, (Autonomous) SIVAKASI
(Afillated to Madurai Kamara) University Re-accredited with 'A GRADE' by NAAC (Arai Kamara) University Re-accredited with 'A $A$.
College with Potential for Excellence by $U G C$
DEPARTMENT OF NUTRITION AND DITETICS
TWO DAY EDUCATIONAL TOUR 2019-2020 STUDENTS NAME LIST

| S.No | Roll No. | Name of the Student | Age |
| :---: | :---: | :---: | :---: |
| I B. Sc NUTRITION AND DIETETICS |  |  |  |
| 1. | 1915017 | Gethseeyal A | 17 yrs |
| 2. | 1915045 | Gokila Devi S | 17 yrs |
| 3. | 1915035 | Saranya R | 17 yrs |
| 4. | 1915037 | Harini Sri G | 17 yrs |
| 5. | 1915033 | Meenakshii M | 17 yrs |
| 6. | 1915003 | Menaka Devi M | 17 yrs |
| 7. | 1915013 | Nanthini A | 17 yrs |
| 8. | 1915025 | Nisha Alphin A | 17 yrs |
| 9. | 1915016 | Pandi Meena $\mathbf{P}$ | 17 yrs |
| 10. | 1915007 | Safiya S | 17 yrs |
| 11. | 1915006 | Samrithi K | 17 yrs |
| 12. | 1915014 | Stella E | 17 yrs |
| 13. | 1915026 | Sudha Lakshmi S | 17 yrs |
| 14. | 1915015 | Maha Devi | 17 yrs |
| II B. Sc NUTRITION AND DIETETICS |  |  |  |
| 15. | 1815010 | Manisha S | 18 yrs |
| 16. | 1815011 | Deepika R | 18 yrs |
| 17. | 1815003 | Safin Meera | 18 yrs |
| 18. | 1815022 | Raji R | 18 yrs |
| 19. | 1815035 | Jeyaprabha P | 18 yrs |
| 20. | 1815005 | Jeyashree G | 18 yrs |
| 21. | 1815008 | Kavya J | 18 yrs |
| 22. | 1815034 | Keerthika I | 18 yrs |
| 23. | 1815002 | Latha Devi K | 18 yrs |
| 24. | 1815020 | Ramya R | 18 yrs |
| 25. | 1815017 | Sindhumariyammal T | 18 yrs |
| 26. | 1815025 | Sindhuja R | 18 yrs |
| 27. | 1815038 | Swetha V | 18 yrs |
| 28. | 1815015 | Tharun Lakshmi V | 18 yrs |
| 29. | 1815030 | Uma Bharathi K | 18 yrs |
| 30. | 1815039 | Veeramareeshwari T | 18 yrs |
| 31. | 1815006 | Viswa Roopa B | 18 yrs |
| 32. | 1815016 | Vidhya Sri B | 18 yrs |
| 33. | 1815037 | Yogini C.B | 18 yrs |
| 34. | 1815035 | Guna C | 18 yrs |
| 35. | 1815023 | C. Ramya sri | 18 yrs |
| 36. | 1815012 | Saravana Prabha | 18 yrs |
| III B. Sc NUTRITION AND DIETETICS |  |  |  |
| 37. | 1715023 | G.Abirami | 20 yrs |
| 38. | 1715042 | M.Amirtha Rajasri | 20 yrs |
| 39. | 1715010 | T.Amutha | 20 yrs |
| 40. | 1715007 | N.Archana | 20 yrs |
| 41. | 1715037 | K.Birundhiga | 20 yrs |
| 42. | 1715014 | T.Deepika | 20 yrs |
| 43. | 1715046 | J.Deva Jancy Rani | 20 yrs |

THE STANDARD FIREWORKS RAJARATNAM COLLEGE FOR WOMEN (AUTONOMOUS), SIVAKASI - 626123.
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## DEPARTMENT OF NUTRITION AND DIETICTICS FIELD VISIT TO EDUCATIONAL TOUR, MYSORE

 2019-2020| 44. | 1715039 | P.K.M Gayathri | 20 yrs |
| :--- | :--- | :--- | :--- |
| 45. | 1715009 | R.Gopikha Devi | 20 yrs |
| 46. | 1715044 | R.Harinika | 20 yrs |
| 47. | 1715006 | W.Jayanthi Selva Sundari | 20 yrs |
| 48. | 1715002 | S.Jeevanapriyadharshini | 20 yrs |
| 49. | 1715025 | D.Jency Jebarani | 20 yrs |
| 50. | 1715028 | C.Jeyaprabha | 20 yrs |
| 51. | 1715041 | E.Jothi Priya Dharsini | 20 yrs |
| 52. | 1715001 | R.Juhi Varsha | 20 yrs |
| 53. | 1715045 | M.Kalaivani | 20 yrs |
| 54. | 1515011 | R.Kartheeswari | 20 yrs |
| 55. | 1715024 | R.Kasthuri | 20 yrs |
| 56. | 1715033 | T.Kavitha | 20 yrs |
| 57. | 1715038 | A Lavanya | 20 yrs |
| 58. | 1715034 | R.Lithiyal | 20 yrs |
| 59. | 1715031 | M.Manju | 20 yrs |
| 60. | 1715032 | S.Mareeswari | 20 yrs |
| 61. | 1715019 | S.Murugalakshmi | 20 yrs |
| 62. | 1715015 | K.Muthulakshmi | 20 yrs |
| 63. | 1715022 | B.Nirmaladevi | 20 yrs |
| 64. | 1715013 | K.Revathi | 20 yrs |
| 65. | 1715018 | B.Rojini | 20 yrs |
| 66. | 1715005 | D.Santhoshi Priya | 20 yrs |
| 67. | 1715021 | R.Selvapriya | 20 yrs |
| 68. | 1715003 | P.Siva Ranjani | 20 yrs |
| 69. | 1715029 | B.Sivabharathi | 20 yrs |
| 70. | 1715043 | J.Sornalatha | 20 yrs |
| 71. | 1715035 | B.Uma | 20 yrs |
| 72. | 1715020 | S.Vijayalakshmi | 20 yrs |

Staff Members:

1. Mrs. K. Jansi Rani
2. Ms. R. Dharani
3. Ms. S. V. Sarvani
4. Ms. R. Iswaryao

## Assistant Professor

Assistant Professor
Assistant Professor
Assistant Professor

# DEPARTMENT OF NUTRITION AND DIETICTICS FIELD VISIT TO EDUCATIONAL TOUR, MYSORE 

# THE STANDARD FIREWORKS RAJARATNAM COLLEGE FOR WOMEN (AUTONOMOUS), SIVAKASI 

| (Reaccredited with 'A' Grade by NAAC, College with Potential for Excellent <br> UGC and Mentor Institution under UGC PARAMARSH) |  |  |  |
| :--- | :--- | :---: | :---: |
| Name of the activity | $:$ Two days Educational tour |  |  |
| Date | $: 08.01 .2020-09-01-2020$ |  |  |
| Staff Members | $:$ Ms. R. Dharani \& Mrs. J. Merlin Rani |  |  |
| No. of Students involved | $: 41$ |  |  |
| Places visited | : Karnataka State Beverages Corporation <br> Karnataka Milk Factory |  |  |

Department of Nutrition and Dietetics had organized the 2 days' educational tour to Mysore to visit the two important industries that were very helpful for the students to get industrial exposure. First, on 08.01.2020, the students were taken to Karnataka Milk Factory and they observed and learnt the different industrial methods like processing of milk, pasteurization, butter and cheese production, packaging unit and also the Quality checking of the milk products in different stages of products.

On the next day (i.e) 09-01-2020, the students were taken to Karnataka State Beverages Corporation. There our students visited different departments around the industries and the industrial process of beer production includes mashing, fermentation process and ageing and maturation of beer were practically observed. The different types of beer and packaging units were visited and the entire processing were well explained by the Managers of the company.

We express our heartfelt thanks to the Higher authorities of S.F.R college for giving permission for the two days' educational tour.



PrinciPal -
The Standard Fireworks Rajaratham College for Women, . SIVAKASI.

## DEPARTMENT OF NUTRITION AND DIETICTICS FIELD VISIT TO EDUCATIONAL TOUR, MYSORE

# THE STANDARD FIREWORKS RAJARATNAM COLLEGE FOR WOMEN, (Autonomous) SIVAKASI 

(Affiliated to Madurai Kamaraj University Re-accredited with 'A GRADE' by NAAC College with Potential for Excellence by UGC)

DEPARTMENT OF NUTRITION AND DIETETICS
JUSTIFICATION FOR TWO DAYS EDUCATIONAL TOUR TO MYSORE

The visit to industry and production unit plays an important role in educating our learners in a practical and interesting manner. So taking our students to the industries related to their academics can help them learn and understand much better. Moreover, practical knowledge is essential rather mere theoretical and book based education. Hence it is imperative in higher studies to take the students to units of production and processing of food products. Further, the students will be asked to write a report about their educational visit and will be submitted to the department for assessment. The proposed two days educational tour to Central Food Technology and Research Institute(CFTRI), Karnataka Milk Products and Beer Production Unit, Mysore may fulfill the accorded permission.


TPulaneswain Principal

THE STANDARD FIREWORKS RAJARATNAM COLLEGE FOR WOMEN (AUTONOMOUS), SIVAKASI - 626123.
(Affiliated to Madurai Kamaraj University, Re-accredited with A Grade by NAAC, College with Potential for Excellence by UGC and Mentor Institution under UGC PARAMARSH)

## DEPARTMENT OF NUTRITION AND DIETICTICS FIELD VISIT TO EDUCATIONAL TOUR, MYSORE

## 2019-2020

Course Syllabus

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THE STANDARD FIREWORKS RAJARATNAM COLLEGE FOR WOMEN (AUTONOMOUS)
                    SIVAKASI
DEPARTMENT OF NUTRITION AND DIETETICS
        B.Sc., NUTRITION AND DIETETICS
            SEMESTER IV
            GLND4AL - ALLIED LAB- II
    (For those admitted in June 2017 and later)
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Contact hours per week :04
Total number of hours per Semester : $\mathbf{6 0}$
Number of Credits
: 04
Number of Credits

Food Preservation:
Course outcomes
On successful completion of the course, the learners should be able to
CO1: describe and prepare the preserved food by various preservation techniques
CO2: adapt drying and rehydration methods to prepare food items and avoid wastage.
CO3: apply color harmony in flower arrangement.
CO4: develop skills in planning a budget for different income groups.
CO5: analyze sensory evaluation on foods for quality assurance of food products.
CO-PO Mapping table (Course articulation matrix)

| POs |  | PO1 | PO2 | PO3 | PO4 | PO5 | PO6 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| COS | 3 | - | - | - | - | - | - |
| CO1 | 1 | 9 | - | - | - | - | - |
| CO2 | 9 | 9 | 9 | - | - | - | - |
| CO3 | 9 | 3 | 3 | - | - | - | - |
| CO4 | 9 | 3 | 3 | - | - | - | - |
| CO5 | 31 | 24 | 15 | - | - | - | - |
| Weightage of the <br> course (W) | 3.01 | 3.26 | 3.22 | - | - | - | - |
| Weighted <br> percentage of <br> course <br> contribution to <br> POs | 3. |  |  |  |  |  |  |

Practical:

1. Preparation of preserves - Squash, jams, jellies and marmalades.
2. Preparation of fruit beverages - clarified juice -Pomegranate, apple, orange and sweet lime.
3. Preparation of pickles (tomato, Lemon, Mango, mixed vegetable and onion \& garlic pickle).
4. Drying of vegetables (cluster beans, carrot, onion, peas and potato vathal, vadams, sago, beaten rice and rice vadam).
5. Rehydration of vegetables- cluster beans, carrot, onion, peas and potato.
6. Sensory evaluation of the processed foods.
7. Visit to any food processing Unit.

Note: Practical should be done either as demonstration or in group. For each practical allot 2 hours.

## Family Resource Management

## Practical:

1. Picture mounting - wall hacking pictures, photo frame.
2. Flower arrangement- Types flower arrangement.
3. Accessories - To make different types of accessories with using locally available materials.
4. Planning a budget for different income group.
5. Preparation of prang colour chart.
6. Identification of colour harmony.
